

# Head Start's Impact in Iowa FY2023



IOWA  
Head Start Association

## HEAD START PROVIDES NO-COST COMPREHENSIVE SERVICES TO WOMEN AND CHILDREN BIRTH TO FIVE

### Pregnancy Services

We connect families with community resources that provide support with accessing food, housing, mental health services, and other resources

### Nutrition Services

We provide healthy meals for children and access to nutrition supports for families

### Early Care & Education

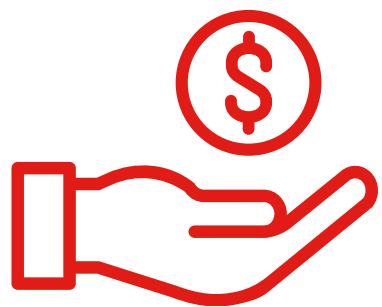
We provide free, full-day\* preschool and early education for children from birth to age 5  
*\*at least six hours per day*

### Health & Wellness

We provide health screenings for children (including medical, dental, hearing, and vision) and support families with establishing ongoing medical and dental homes

### Parenting Support & Engagement

We partner with families to help them reach their own self-sufficiency goals, and we provide parenting support based on an evidence-based curriculum

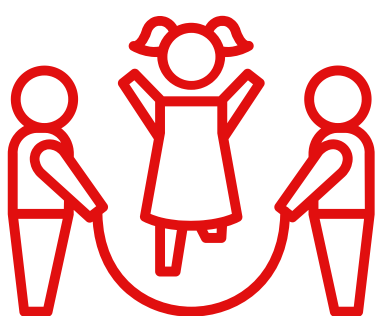


OVER \$89.4 MILLION IN FEDERAL FUNDING ADDED TO IOWA'S ECONOMY



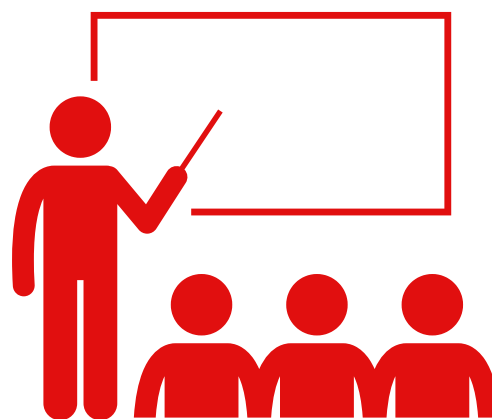
## SUPPORTING JOBS IN IOWA

- 2,332 total HS/EHS staff
- 5,302 HS/EHS parents employed, in school or in job training



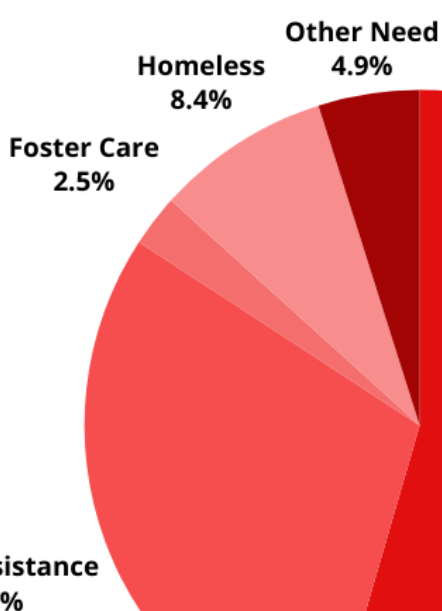
## CHILDREN AND FAMILIES

- 7,330 cumulative children and 6,616 families served
- 5,716 families received services promoting outcomes
- 51,406 home visits conducted
- 5,021 children received equal or greater than 1,020 classroom hrs



## MEETING FAMILIES' NEEDS IN VARIOUS SETTINGS

Providing services in center-based, home-based, family child care and collaborative public school settings



## Head Start Eligibility FY 2023

**INCOME - 4,076**  
Income at or below 130%

**PUBLIC ASSISTANCE - 2,221**  
Receiving TANF, SNAP or SSI

**FOSTER CARE - 187**  
Child is in foster care

**HOMELESS - 629**  
Family experiencing homelessness

**OTHER NEED - 365**  
Another need - other category

Cumulative Enrollment

## HEAD START BY THE NUMBERS

- 629 homeless families served
- 2,342 fathers involved in their child's educational experiences
- 543 classrooms across Iowa
- 913 children served with a disability

Head Start welcomes the opportunity to collaborate with school districts; braiding state and federal funds to provide high quality preschool with comprehensive services to more eligible children in the state of Iowa.